


SUMMER 2026 OVERVIEW

# SANCTUARY

rest. restore. renew.

by Moderne Homemaker + The Sweet Slow



A luxurious and grounding weekend retreat for women. Celebrating the summer solstice full moon, nestled in the Appalachian foothills of restorative Berkeley Springs, WV\*

JUNE 26 - 29, 2026

Together in SANCTUARY, we will focus on deep nourishment, authentic connection, and heart led self expression.

\*with respect to the Massawomeck and Manahoac people and unnamed original caretakers of the land

Return home feeling  
centered and inspired

**\*\*VIP Booking Closes June 5, 2026\*\***

To secure your space or ask questions,  
please email [libby@modernehomemaker.com](mailto:libby@modernehomemaker.com)

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## MEET YOUR HOSTS

### Libby Hoffmann - Moderne Homemaker



Libby is a gifted intuitive, mama of two, author, and Human Design System expert specializing in pregnancy and postpartum. Her mission is to guide soul led women deep into their personal fulfillment— within motherhood and beyond. As the visionary founder of Moderne Homemaker, she is leading the movement toward redefining what it means to be a mother, a caretaker, and a self-fulfilled human. Libby will be leading us on location in Berkeley Springs, WV.

### Jess Bowe - The Sweet Slow

Jess is a poet, creator, mentor, and homeschooling mom of six. Her vision is to bridge the divide with poetry, story, observation, and reconnect to the subtle language of the Earth. She's the founder of The Sweet Slow, offering a wide range of poetry-based experiences, including The Crowded Table (bespoke pop-up typewriter poetry), The Red Thread (a journey for reclaiming the heart of the Mother-Daughter dynamic) and Woods + Words (a workshop bridging the internal & external landscapes) Jess will be leading us on location, and virtually from her home in the Shawangunks, land of the Lenape (Hudson River Valley, NY)



We can't wait to retreat with you!

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GUEST ITINERARY

# SANCTUARY

FRIDAY  
06.26.26

## Guest Arrival 4pm-6pm

Arrive at the retreat space between 4-6pm. Settle into your room and relax, or explore your home for the weekend.

## Welcome Reception 5:30pm-8pm

We kickoff with an hors d'oeuvres dinner and casual cocktail reception, including traditional + alcohol free selections. Meet, mingle, and set intentions for your weekend. Libby will lead an Opening Ceremony for the group.

SATURDAY  
06.27.26

## Breakfast 8am-9:30am

Full B+B style breakfast for overnight guests. Enjoy in community or from the comfort of your private room.

## Woods + Words 10am-1pm

Jess will lead us in an outdoor session to connect with Mother Nature and invite us into self reflection and heart centered self expression. This will be a mix of shared and individual experience.

## Lunch 1pm-2pm | Free Time 2pm-5pm

Enjoy a nourishing community lunch on site. Afterward, overnight guests may choose to mingle, partake in the sauna or hot tub on site, explore the local area, or have a solo rest in your room.

## Summer Solstice Celebration 5pm-9pm

Celebrate the season at Westvirjeni Summer Solstice, a premier event at Linden Spring Farm outside historic Shepherdstown, WV. Relax in our group's luxuriously styled VIP lounge, adorn yourself with a handcrafted flower crown and take in the lush view. Vendors will be on site for you to purchase your own food + drink. There will also be a variety of pop-up shops offering unique goods + services, and live music to add to the eclectic ambience of the evening.

## Quiet Hour 9pm-10pm

Overnight guests arrive back at the retreat space. Relax and prepare to rest for the night.

GUEST ITINERARY

# SANCTUARY

SUNDAY  
06.28.26

## Breakfast 9am-10:30am

Full B+B style breakfast for overnight guests. Enjoy in community or from the comfort of your private room.

## Gentle Movement 11am-12pm

Join a group movement session on site, led by a special guest practitioner, or choose your-own-adventure by hiking the local area or visiting the community pool.

## Lunch 1pm-2pm | Free Time 2pm-5pm

Enjoy a nourishing community lunch on site. Afterward, overnight guests may choose to mingle, receive a massage from our on site therapist, explore the local area, or have a solo rest in their room.

## Dinner Party 5pm-7pm

Celebrate the full moon in Capricorn with a luxe evening picnic. Dine on four delectable courses artistically prepared by our on site chef. Libby will offer a personalized intuitive oracle card reading for each guest.

## Forest Walk + Moon Circle 7pm-8:30pm

Jess will lead an Origin night walk by the light of the full moon. We will gather in circle to share and anchor our collective experience.

MONDAY  
06.29.26

## Breakfast + Closing 8:30am-10:30am

Overnight guests will enjoy a communal brunch, and Libby will lead a Closing Ceremony for the group to ground, reflect and set intentions for departure.

**Overnight Guests depart by 11am**

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PACKAGES + PRICING

# SANCTUARY

## VIP

### Private Room Full Experience

**\$2990- one time payment**

or... \$250- deposit + 2 payments of \$1375- ea

or... 4 payments of \$750- ea

### Shared Room Full Experience

**\$2590- per person, one time payment**

or... \$250- deposit + 2 payments of \$1175- ea

or... 4 payments of \$650- ea

## DAY SANCTUARY

### Day Retreat Package

Join us in Sanctuary for the day! The Day Retreat Package includes the Saturday morning Woods + Words in person group session, nourishing lunch on site, and a personalized take home self care kit. A 20 min private oracle card reading with Libby is also included.

\*Ten (10) spaces available

**\$390- one time payment**

or... 2 payments of \$195-

## VIRTUAL SANCTUARY

### Virtual Retreat Package

Join us from the comfort of your own sacred space! The Virtual Package includes the Saturday morning Woods + Words group session live via Zoom with Jess and a 20 min private oracle card reading with Libby (hosted virtually)

\*Ten (10) spaces available

**\$149- one time payment**

or... 2 payments of \$75-

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PACKAGES + PRICING

# SANCTUARY

## DETAILS

### IMPORTANT NOTES

#### Accommodations

Overnight Guests will stay in a beautifully appointed and spacious Airbnb, secluded within multiple acres of forest.

Four (4) spaces are available for overnight guests: Two (2) Private Rooms and One (1) Shared Room (2 Single Beds). The Shared Room is perfect for a best friend or sister/family getaway.

\*Rooms are first come, first choice with deposit. Availability for VIP, Day, and Virtual packages is subject to change at any time

#### Meals

All meals, **except Sat dinner**, will be provided on site by our private chef. We will accommodate food restrictions, including alignment with your Human Design PHS if preferred. There be light snacks and healthy beverages provided on site throughout the weekend.

#### Travel

Guests are responsible for all personal travel to and from the site, except for group coach to/from Summer Solstice Festival on Saturday evening. For Guests traveling by air, the closest airports are IAD in Washington, DC and BWI in Baltimore, MD. We will gladly help you arrange ground transportation between the airport and site by request.

#### Pre Session

VIP Guests will each receive a private Human Design Session with Libby, focused on aligned self care, creative self expression, and trusting your authentic voice. Pre Sessions will be delivered virtually and scheduled 2-4 weeks prior to the retreat.

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